

Welcome new members

Got your health plan ID card? Let's get started

Managing a health plan can be confusing, but here's where it gets easier. The following 7 steps can help you take charge of your health and get more out of your plan.

1. Activate your myuhc.com account

Your personalized member website helps you manage your health plan, see what's covered and so much more. It can help you:

- Find network doctors and pharmacies.
- Find and estimate costs.
- View and pay claims.
- Check your account balances.
- Learn about covered preventive care.

Have your ID card handy when you go to myuhc.com

2. Download the UnitedHealthcare app

Take your plan and ID card on the go, find nearby care options in your network, video chat with a doctor 24/7 and check your progress toward your deductible.

Use your mobile device to download the app



3. Stay in the network

The doctors and facilities in our network have agreed to provide services at a discount—so staying in network makes sense, especially when visiting an out-of-network provider could cost you a lot more for care. Find network doctors, mental health professionals, pharmacies, hospitals, labs and more at myuhc.com.

[Find Care & Costs](#)

4. Explore your pharmacy benefits

Sign in to myuhc.com > Pharmacies & Prescriptions or use the UnitedHealthcare app to:

- See your medication cost and coverage.
- Locate a network pharmacy.
- See if your medications have any requirements, like prior authorization or step therapy, before filling them.
- Sign up for home delivery and order up to a 3-month supply of medications you take regularly.

You can also call the member phone number on your ID card with questions.

[Visit myuhc.com](https://myuhc.com)

5. Make your first appointment

Many preventive screenings and immunizations are covered at no cost to you, so it's a good idea to call your primary care provider (PCP) and get your first checkup on the calendar.

[Find preventive care recommendations](#)

6. Review your ID card

Keep your ID card — also called a member ID card — handy when you get care. It's your proof that you have insurance. The numbers on your card give important details about your coverage, so it may be helpful to learn what they mean and how your card works.

[Learn how to use your ID card](#)

7. Go paperless

Enjoy less paper and less clutter! Sign up to get your required communications online instead. It's simple to make the switch. Just sign in to your health plan member account to get started.