

Virtual Visits for health insurance plans through work

Talk with a provider using your smartphone, tablet or computer

Virtual Visits – also known as telehealth — is a real time, online visit with a provider. Virtual visits are an additional way to see a provider when an in-person visit may not be accessible or convenient.

If you get your health insurance through work, Virtual Visits may be available to you for a variety of needs, including 24/7 Virtual Visits for urgent care, Virtual primary care visits, Virtual therapy for behavioral health care visits and Virtual specialty care. Coverage depends on your specific plan benefits.

To get started, use your mobile device,¹ tablet or computer to sign in and review your benefits for:

- [24/7 Virtual Visits for urgent care](#)
- [Virtual primary care visits](#)
- [Virtual therapy for behavioral health care visits](#)
- [Virtual specialty care](#)