

CHAWAN RASHEED O.D.

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901-336-0763

EDUCATION

Southern College of Optometry, Memphis, TN

Doctor of Optometry, August 2016 – May 2020

Cum Laude

Christian Brothers University, Memphis, TN

Bachelor of Science, Biology, August 2011 – December 2014

Cum Laude

PROFESSIONAL EXPERIENCE

Assistant Professor/Faculty, Southern College of Optometry

August 2022 – January 2024

- Provide educational guidance to third and fourth year interns in multiple school clinic settings including Adult Primary Care, Cornea and Contact Lens, Focal Point, and various nursing homes/assisted living centers
- Organize and coordinate social faculty events including gatherings, lunch & learn presentations, and on-campus CE presentations as Faculty Engagement Committee Chair
- Eye Specialty Group (OD/MD clinic) advisory board member as the SCO representative
- Clerkship Program Coordinator that involves hosting prospective undergraduate students interested in optometry to spend 12-14 weekly shadowing hours in clinics, labs and clinic.
- Volunteer for SVOSH, RAM, Pre-Clinical Checkouts proctor, NBEO boards practice proctor, and STAPLES Program multifocal/scleral contact lens workshops

Cornea and Contact Lens/Refractive Surgery Resident, Southern College of Optometry & Eye Specialty Group

July 2020 – July 2021

- Independently performed comprehensive exams and fit variety of specialty lenses: gas permeable, hybrids, prosthetics, orthokeratology, sclerals, piggyback systems, prism/tint inclusive custom soft
- Increased proficiency of diagnosing and treating ocular diseases with a corneal specialist on a weekly basis
- Precepted fourth year interns during clinic rotations through comprehensive examinations and contact lens fittings for two academic semesters
- Utilized several types of technology to perform diagnostic testing including tomography, specular microscopy, Optos, optical coherence tomography (anterior and posterior segment), visual field machines.
- Applied dehydrated/cryopreserved amniotic membranes, collected corneal cultures, epilated eyelashes, inserted punctal plugs, and removed interrupted/running sutures

Optometrist, Eyes For You

June 2020 – December 2023

- Efficiently performed comprehensive examinations, non-specialty contact lens fittings, and manage variety of pathologies in an underserved community.

Independent Optometrist, Walmart Canton

March 2024 – Current

- Lease holder for Walmart Vision Center in a diverse community
- Performing comprehensive examinations including contact lens fits, both soft and specialty. Other offered services: myopia management, acute ocular injuries, diabetic eye exams, anterior segment disease management.

Adjunct Faculty, University of Detroit Mercy Eye Institute

July 17, 2024 – Current

- Perform comprehensive, diabetic, and medical eye examinations
- Also perform variety of contact lens fits including soft sphere, toric, and multifocal fits as well as specialty RGP/hybrid fittings.

- Communicate with contact lens reps in conjunction with the clinic manager to provide a availability of various management options and programs for patients.

EXTRACURRICULERS

Co-founder of The Cornea Corner Podcast

August 2020 – September 2021 (paused)

- Anterior segment and specialty contact lens podcast
- Includes a personally designed website and Instagram page
- Create and publish additional educational resources with each released episode
- Interesting cases are often shared with patients' permission for educational purposes

Clinical Educational Photos and Videos

- Released to faculty/students at SCO
 - Via email, group chat, or shared photo album
- National Injections Skill Exam, utilization of technology (Pentacam, autorefractor), slit lamp exams (parallelepiped, optic section, TBUT, etc), pathology of all types.

PUBLICATIONS

Poster: *A Comparison of Letter vs. Continuous Text Contrast Sensitivity Testing in Low Vision Vs. Normally Sighted Individuals.*

- Primary author: Marc Taub O.D., SCO, Pennsylvania College of Optometry 2001
- Presented at the 2016 American Academy of Optometry Academy Meeting, Anaheim, CA.

Case Report: *Asymptomatic Corneal Graft Rejection Initially Presenting With Scleral Lens Insertion Difficulty*

- Presented virtually at the 2020 American Academy of Optometry Academy

Case Report: *Steep Corneas and Severe Distance Blur? Step Away From the Minus*

- Presented virtually at the 2021 Global Specialty Lens Symposium

Research paper: *Changes in Pachymetry in Thin Keratoconic Corneas Exposed to Hypotonic Riboflavin during Corneal Cross-linking*

- Abstract submitted to 2021 American Academy of Optometry meeting in Boston, MA.
- Primary author: Daniel Fuller O.D., FAAO Dipl., FSLs, SCO, The Ohio State University College of Optometry 1984

Research paper: *The Influence of Contact Lens Power and Polymer on Rebound Tonometry Values*

- Abstract submitted to 2021 American Academy of Optometry meeting in Boston, MA.
- Second author: Daniel Fuller O.D., FAAO Dipl., FSLs, SCO, The Ohio State University College of Optometry 1984

COPE-approved Lecture: *Ins and Outs of Scleral Lenses*

- Presented at:
 - Annual TAOP Congress Meeting in Gatlinburg, TN on 10/15/2022
 - Southern College of Optometry Lunch & Learn on 11/17/2022

Article co-author: *The Forgotten Tool for Binocular Vision*

- Review of Optometry Focus on Refraction published 10/15/23

COPE-approved Lecture: *Oh Myopia!*

- Presented at:
 - Annual TAOP Congress Meeting in Gatlinburg, TN on 10/15/2023
 - TN Chapter of AAO in Memphis, TN on 11/04/2023

COPE-approved Lecture: *Ocular Prosthetics and Fittings*

- Presented at:

- Annual TAOP Congress Meeting in Gatlinburg, TN on 10/15/2023

COMMUNITY SERVICE

Volunteer Optometric Services to Humanity (VOSH), Belize City, May 2022

- Lead staff doctor for international mission trip.
- Part of a team providing comprehensive eye exams to 892 patients in four days with 12 SCO interns

RAM, Memphis, TN, October 2022

- Served as doctor and assisted interns providing comprehensive eye exams to a local underserved community in Memphis

PROFESSIONAL MEMBERSHIPS

Tennessee Association of Optometric Physicians (TAOP)

Member August 2022 – current

American Academy of Optometry (AAO)

Member August 2022 – current

New Memphis Embark Leadership Program

Graduated Member August 2020 –December 2020