

Signs of Alcohol Poisoning



The person may:

- Be unconscious and cannot be awakened
- Have cold, clammy, unusually pale or bluish skin
- Be breathing slowly or irregularly:
 - less than eight times a minute
 - or ten seconds or more between any two breaths
- Vomit, while passed out and does not wake up during or after

How can I help?

- If you suspect alcohol poisoning, call 911 and contact Public Safety at (313) 993-1123
- Do not leave the person alone
- Turn him or her on their side
- Watch their breathing
- If you know CPR, perform as needed

“Stand by your decision!”

“Always look out for your friends.”

If you would like to consider **Personal Counseling** please contact:

Annamaria Silveri, PhD (313) 993-1459

Rachel Bennett, LMSW (313) 993-1170

If you would like to make an appointment with the **Health Clinic** please contact:

Olga Parfenov, FNP-BC (313) 993-1185

In case of **Emergency** contact:

UDM Public Safety (313) 993-1123 or 911

or

Henry Ford Hospital Emergency Room – 2799 W. Grand Blvd., Detroit, MI 48202

Resources:

Find out the signs and symptoms of alcohol poisoning and what to do if you suspect someone has alcohol poisoning. www.collegedrinkingprevention.gov/othealcoholinformation/factsaboutalcoholpoisoning.aspx

Alcohol Poisoning. Mayo Clinic's comprehensive overview covers symptoms, complications, treatment of drinking too much alcohol. www.mayoclinic.com/health/alcohol-poisoning/DS00861

References:

National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health & US Department of Health and Human Services. "Facts About Alcohol Poisoning." [College Drinking – Changing the Culture](http://www.collegedrinkingprevention.gov/othealcoholinformation/factsaboutalcoholpoisoning.aspx). 11 July 2007.

<www.collegedrinkingprevention.gov/othealcoholinformation/factsaboutalcoholpoisoning.aspx> 12 Aug 2010.

Mayo Foundation for Medical Education and Research (MFMER). "Alcohol Poisoning" Mayo Clinic's comprehensive overview covers symptoms, complications, treatment of drinking too much alcohol. 11 Dec 2008. <www.mayoclinic.com/health/alcohol-poisoning/DS00861> Web 12-Aug-10